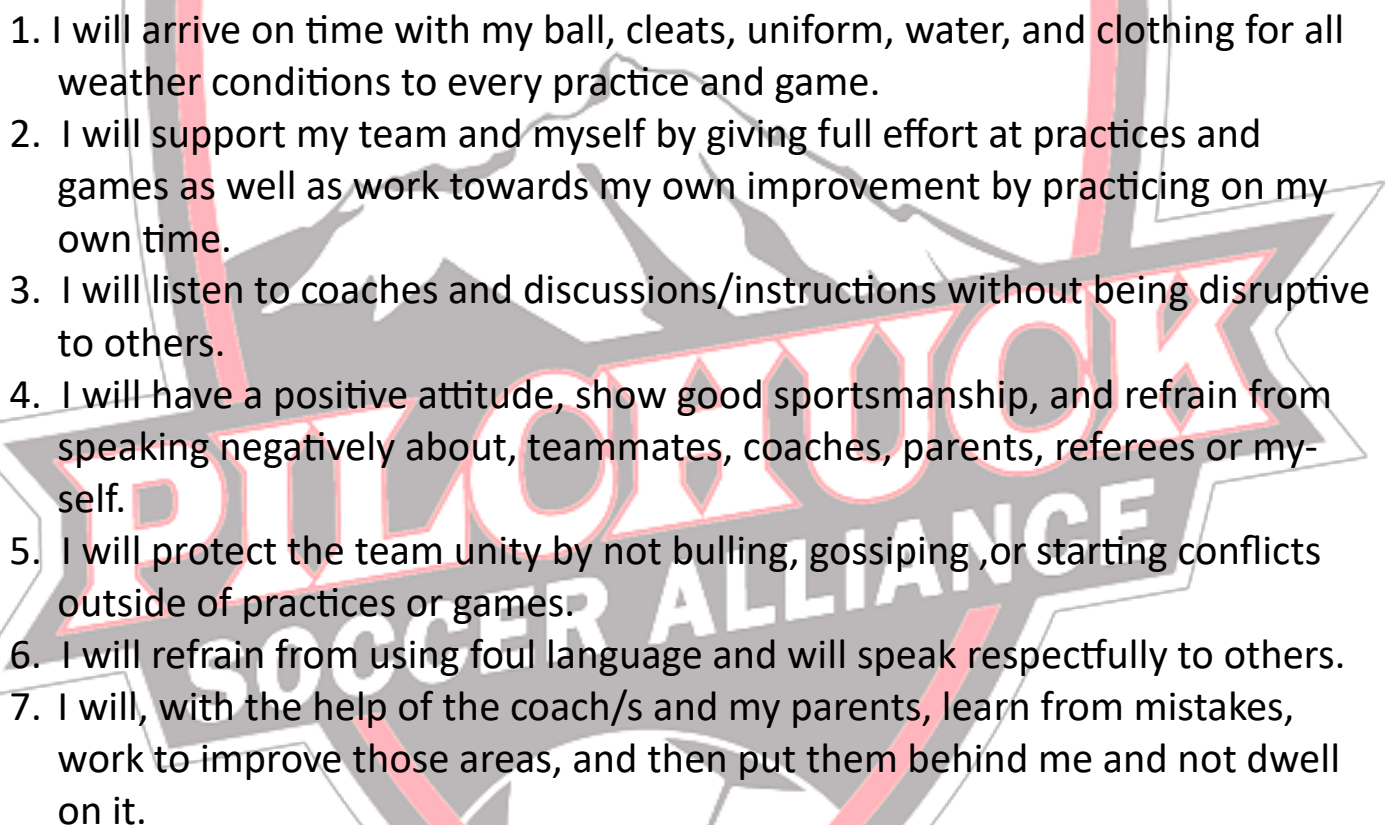


# Pilchuck Soccer Alliance

## Player Guidelines

### All Players:

- 
1. I will arrive on time with my ball, cleats, uniform, water, and clothing for all weather conditions to every practice and game.
  2. I will support my team and myself by giving full effort at practices and games as well as work towards my own improvement by practicing on my own time.
  3. I will listen to coaches and discussions/instructions without being disruptive to others.
  4. I will have a positive attitude, show good sportsmanship, and refrain from speaking negatively about, teammates, coaches, parents, referees or myself.
  5. I will protect the team unity by not bullying, gossiping, or starting conflicts outside of practices or games.
  6. I will refrain from using foul language and will speak respectfully to others.
  7. I will, with the help of the coach/s and my parents, learn from mistakes, work to improve those areas, and then put them behind me and not dwell on it.

Please read carefully and sign.

Player Name: \_\_\_\_\_ Team: \_\_\_\_\_

Player Signature: \_\_\_\_\_ Date: \_\_\_\_\_